

# Photography

## 4-H Project Newsletter

*This newsletter will be updated in December of each year, if necessary, based on changes made to the project at the 4-H Nova Scotia Annual General Meeting in November.*

Welcome to the 4-H Photography Project! This newsletter will give you an overview of the Photography project, answer some of your questions concerning expectations of the project, and provide you with project ideas and some resources. Project newsletters are an excellent reference to keep on hand to refer to throughout the year. Enjoy your year in the Photography project and when working on your project, remember to "Learn to do by Doing." If you have any questions, please contact your Regional Agriculture Leadership Coordinator (ALC).

### GENERAL 4-H INFORMATION

#### **Ages for Members:**

Junior Members: 9 - 13 years of age as of January 1, as of the current year.

Senior Members: 14 - 21 years of age as of January 1, as of the current year.

4-H members may register in the club and county of their choice, but must only be registered in one club, in one province. Members may register in one club and access projects in a neighboring club if that club is willing to assist with leadership of a certain project.

#### **Project Completion:**

All 4-H members must complete 'project requirements', for each of their projects, at their club Achievement Day. If you are unable to attend your own club Achievement Day, please make prior arrangements with your Regional ALC. Completion of your project qualifies you to move on to any further county, provincial, or national 4-H competitions relating to that project in the current 4-H year. School projects are not permitted to be used as 4-H projects. Each member must complete and display their own project work (i.e., two members cannot share a project for project completion).

#### **What is Achievement Day?**

Achievement Day allows members to display their project work to the public and have their projects evaluated, non-competitively. Project completion at Achievement Day is based on the following system:

A <b>Green</b> project completion sticker will be given to a member who has completed:	A <b>Silver</b> project completion sticker will be given to a member who has completed:	A <b>Gold</b> project completion sticker will be given to a member who has completed:
<ul style="list-style-type: none"> <li>• Record Sheet</li> <li>• Project Work</li> </ul>	<ul style="list-style-type: none"> <li>• Record Sheet</li> <li>• Project Work</li> </ul>	<ul style="list-style-type: none"> <li>• Record Sheet</li> <li>• Project Work</li> </ul>
Plus <b>one</b> of the following: <ul style="list-style-type: none"> <li>• Communications</li> <li>• Club Contribution</li> <li>• Judging</li> </ul>	Plus <b>two</b> of the following: <ul style="list-style-type: none"> <li>• Communications</li> <li>• Club Contribution</li> <li>• Judging</li> </ul>	Plus all <b>three</b> of the following: <ul style="list-style-type: none"> <li>• Communications</li> <li>• Club Contribution</li> <li>• Judging</li> </ul>

**RECORD SHEET** – Each member must complete a satisfactory record sheet. Record sheets may be hand written or typed. *For more useful information, refer to Record Sheet Guidelines.*

**PROJECT WORK** – Each 4-H project (e.g., woodworking, dairy, etc.) has specific project work requirements. Each members' project work will be evaluated on the quality of the work, degree of difficulty for experience/age, the way articles are displayed/presented, and whether all requirements are met. A 1st, 2nd, or 3rd place ribbon will be given for each project. Please review project requirements for each project carefully. In non-livestock projects, members must complete the required number of items as outlined, unless prior approval is given by the Regional ALC. This request should be made in advance of the member's Achievement Day. Consideration of an item counting as additional items will be given based on members age, degree of difficulty, time required to complete, etc.

**COMMUNICATIONS** – Members who participate in public speaking and/or demonstrations at club level will receive recognition on their Achievement Day Certificate. Each club has its own standards for communications, so members should confirm with the general club leader.

**CLUB CONTRIBUTION** – Members are encouraged to be actively involved in their club, county, province, and community. The club contribution aspect is an assessment on such things as a member's attendance at meetings and events, attitude, effort, cooperation, and self-expression. Each club has its own standards for club contribution. Evaluation of this Achievement Day component is done by the Club General Leader and / or project leader(s). The standard for club contribution should be communicated clearly to all members by club leaders at the beginning of the 4-H year.

**JUDGING** – In each project, members are asked to compare four (4) articles or livestock (e.g., 4 wooden shelves in the woodworking project or 4 heifers in a dairy class), then evaluate them to place the class in order from first (closest to the ideal), to fourth (furthest from the ideal). Oral reasons, using proper terminology, are given to an official judge for the project to support those choices. There are many useful judging resources available through your Regional ALC,

as well online at the [Nova Scotia Department of Agriculture](#) website. In each county, a judging box is also available to borrow to help practice judging skills. It includes judging information and cards as well as judging classes, with reasons. Clubs may book these supplies through the Regional ALC.

At 4-H Nova Scotia Provincial Show, 4-H animals participating in the 4-H Nova Scotia Show competitions are used to make up livestock judging classes (e.g., 4 intermediate Holstein calves). Members are responsible for notifying their Regional ALC by September 15 by email if they do not wish to have their animal used. Please keep in mind that judging classes can only be provided if members are willing to offer their animals for a judging class. As such, 4-H members are encouraged to let their animal be used in a judging class if possible.

## **PHOTOGRAPHY PROJECT WORK REQUIREMENTS**

The **project work** requirement for the Photography Project is based on levels seen in below. Each member's project work will be evaluated on the quality of the photographs, the way they are displayed or presented, and whether all the requirements have been met for the appropriate level. There is no restriction on the type of camera a member chooses to use. 4-H members are permitted to use pictures they have taken any time after project completion of the previous 4-H year as part of their photography project. Members can use any size photo album to display their photography project. *Please check over carefully the following Achievement Day project work requirements for each level:*

### **LEVEL ONE AND REQUIREMENTS**

The following techniques to be learned in Level 1 will improve your photography skills. **This level is for first year members.** Members should use the camera in both horizontal and vertical positions. **Subject matter should be "no further than six feet away"**. Members are encouraged to take natural pictures versus posed.

**Members must display a minimum of 30 to a maximum of 40 black and white or colour print, mounted in an album.** Photography members are required to state the date and location of each photograph in their photography album. The album must include the following:

- Three pictures of animals;
- Three people pictures;
- Three pictures of 4-H projects, meetings or activities;
- Three flash pictures;
- Three outdoor or scenery pictures;
- One photo story of three (3) to six (6) pictures; (Photo stories should tell a story by following a sequence – Beginning, middle & ending)
- Other favourites.

**Members must also prepare two (2) items from sections 6 - 13 of the 4-H Nova Scotia Class List. The photos should be displayed in the above order in your album.** 4-H members are reminded that albums are to highlight the photographic ability of the member. As the quality of the photo is of primary importance, members should present their album in a way in which their photos remain the focus.

## **LEVEL TWO REQUIREMENTS**

You will be expected to incorporate what you learned in Level 1 as well as the following new techniques in your photographs where appropriate. **Maximum of two years in this level.** Members should demonstrate effective use of lighting in their pictures, have an awareness of background and be creative with subject position (not always in centre). Members will work with cropping pictures to enhance composition.

**A minimum of 30 to a maximum of 40 black and white or colour prints, mounted in an album.** Photography members are required to state the date and location of each photograph in their photography album. The album must include the following:

- Two indoor pictures using a flash;*
- Two action pictures;*
- Two photo stories of 3 to 6 pictures; (Photo stories should tell a story by following a sequence – Beginning, middle & ending)*
- Two indoor pictures using fill in lighting (using a lamp, sunlight, etc. ...not a camera flash);*
- Two close-up pictures;*
- Two pictures each of a low camera angle, level angle and a high camera angle;*  
*Low angle photos are taken from a place lower than the subject of the photo (looking up at the subject) while high angle photos are taken from a place higher than the subject of the photo (looking down on the subject).*
- Demonstrate cropping by making a paper frame that exposes only the desired part of the photo. Tape it to the edge of the photo so the judge can easily lift the frame and see the unwanted items you cropped.*
- Other favourites.*

**Members must also prepare two (2) items from sections 6 - 13 of the Nova Scotia 4-H Class List. The photos should be displayed in the above order in your album.** 4-H members are reminded that albums are to highlight the photographic ability of the member. As the quality of the photo is of primary importance, members should present their album in a way in which their photos remain the focus.

## LEVEL THREE REQUIREMENTS

**Members are allowed in this level a maximum of three years.** Members will be expected to incorporate what you learned in Levels 1 and 2 as well as the following new techniques in your photographs where appropriate.

**Use of leading lines** -The use of lines can be used to direct the viewer's attention to the subject of your photograph. These lines can be straight, diagonal, wavy, or any other variation.

**Use of patterns**- Patterns, both natural and man-made, bring a sense of visual rhythm and harmony to photographs. Patterns appear whenever strong graphic elements—lines, colors, shapes, or forms—repeat themselves.

**Effective use of colours** - Use color in an effective and creative manner to compliment or show contrast to your subject matter.

**Unusual viewpoints**- Photographing from an unusual camera angle can often add drama and bring out an unusual aspect of a subject. Consider shooting from high above, ground level, underneath, from the side, from the back, from far away or very close-up.

**Members must display a minimum of 30 to a maximum of 40 black and white or colour prints, mounted in an album.** Photography members are required to state the date and location of each photograph in their photography album. Album must include the following:

*-Two photo stories of 3 to 6 pictures each. One of the photo stories to be of a group event, such as a wedding, 4-H event, graduation, etc. (Photo stories should tell a story by following a sequence – Beginning, middle & ending)*

*-Three pictures having only one main subject per picture;*

*-Three pictures featuring dramatic lighting (examples: dawn, dusk, window lighting, etc.);*

*-Two pictures showing humour, or trick photography;*

*-Two pictures comparing depths of field (deep and shallow) of the same subject matter;*

*-Two pictures where 1 photo shows contrasting colours (i.e. a striking difference of colours in the photo) and 1 shows subdued colours;*

*-Six black and white pictures;*

*-Other favourites.*

**Members must also prepare two (2) items from sections 6 - 13 of the Nova Scotia 4-H Show Class List. The photos should be displayed in the above order in your album.** 4-H members are reminded that albums are to highlight the photographic ability of the member. As the quality of the photo is of primary importance, members should present their album in a way in which their photos remain the focus.

## LEVEL FOUR REQUIREMENTS

**Members are in this level for a maximum of three years.** You will be expected to incorporate what you learned in Levels 1,2 and 3 as well as the following new techniques in your photographs where appropriate which include portrait taking, use of natural framing and use of texture in picture taking.

**Members must display a minimum of 30 to a maximum of 40 black and white or colour prints, mounted in an album.** Photography members are required to state the date and location of each photograph in their photography album. Album must include the following:

- Six to eight (6-8) pictures depicting 3 to 4 seasons of the year;
- Three photos of a single community event (parade, museum display, concert);
- Two pictures of nature subjects;
- Three pictures depicting different textures;
- Three outdoor pictures taken at night;
- Two portraits;
- Two pictures using natural framing;
- Two photos of landscapes or seascapes;
- Other favourites.

**Members must also prepare two (2) items from sections 6 - 13 of the Nova Scotia 4-H Show Class List. The photos should be displayed in the above order in your album.** 4-H members are reminded that albums are to highlight the photographic ability of the member. As the quality of the photo is of primary importance, members should present their album in a way in which their photos remain the focus.

## Level Five Requirements

**Members can remain in this level for 4 years and is recommended for senior members.** This is the advanced level of photography and therefore there are no specific pictures you are required to take, other than the slides or digital enhancements. In your album, you will be expected to incorporate Levels 1, 2, 3 and 4 as well as the following new technique(s) in your photographs/album where appropriate. This level has a requirement for taking slides (or) use of Digital Enhancements of pictures.

**Members must display a minimum of 30 to a maximum of 40 black and white or colour prints, mounted in an album.** Photography members are required to state the date and location of each photograph in their photography album. Members must display one of the following: 10 slides to be displayed in plastic slide sheets in your album, or digitally enhance 2 of your photographs and display in your album. For each original, you must show five (5) finished

products, (as well as originals) stating techniques used. Note that when counting photos in the album only the 2 original photos which you have chosen to enhance will be counted in your 30 - 40 photo number range. The 10 enhancements will not be counted. Examples of subject areas for slides and photos could include: Portraits; Close-up photography; Existing light photography; Sports photography or Land or seascapes.

**Members must also prepare two (2) items from sections 6 - 13 of the 4-H Nova Scotia Class List.**

**NOTE:** A 4-H member must complete their project at Achievement Day to compete in, or to participate in, any further county, provincial, or national 4-H competitions relating to that project in the current 4-H year. (i.e., judging, project competitions, etc.)

**Nova Scotia 4-H Show Class & Sections:**

Each county is eligible to send the top two junior and top two senior articles to the Nova Scotia 4-H Show. The classes are as follows:

**Class 13: Photography**

<p><b>Section 1 to 5</b></p>	<p><b>Photo Album</b>, minimum of 30 to a maximum of 40 standard sized prints (up to 4" x 6"). Black and white or color prints. Photography members are required to state the date and location of each digital and film photograph in their photography album. Negative files should still be included in the back of the album for film photography. A photo or card index file is no longer required at the back of the photography album for digital photos</p> <p>Section 1 = Level I albums, Section 2 = Level II albums, Section 3 = Level III albums, Section 4 = Level IV albums &amp; Section 5 = Level V albums</p>
<p><b>Section 6</b></p>	<p><b>Photo Story</b> with a minimum of three (3) and maximum of six (6) black and white or color prints (up to 4" x 6"). To be mounted on Bristol board or photo mount board. (NO FRAMES)</p>
<p><b>Section 7</b></p>	<p><b>Color Print Display</b> with a minimum of three (3) and maximum of six (6) color prints (up to 4" x 6"), flash or non-flash, on any subject. To be mounted on Bristol board or photo mount board. (NO FRAMES)</p>
<p><b>Section 8</b></p>	<p><b>Black and White Print Display</b> with a minimum of three (3) and maximum of six (6) black and white prints (up to 4" x 6"), flash or non-flash on any subject. Mounted on Bristol board or photo mount board. (NO FRAMES)</p>
<p><b>Section 9</b></p>	<p><b>Framed Open Subject:</b> A color or black and white photo, matted and/or framed, maximum picture size 5" x 7". The frame may be purchased or home constructed.</p>

<b>Section 10</b>	<b>Open Subject:</b> A color or black and white photo, maximum size 5" x 7", flush mounted *  (*a picture mounted on a piece of Bristol or photo mount board, <u>without a border</u> , the board <u>does not show</u> around the edge of the photo.)
<b>Section 11</b>	<b>Specialty Item:</b> Can be black and white or color. (Examples: decorations, digitally enhanced photos, collage, calendar, video, panoramic photo(s), etc.)
<b>Section 12</b>	<b>Enlargement:</b> A color or black and white enlargement. The photo is a size of 8 x 10 or larger and may be flush mounted or matted and/or framed.
<b>Section 13</b>	<b>Digital Creations:</b> A 5x7 or larger photograph which has been noticeably altered (the photo is extremely bolder, duller, or obviously not the original photo). The original photo must be included.

### Photography Competition Guidelines

Each county may select one junior and one senior member to compete at 4-H Nova Scotia Show. Digital camera(s) with comparable specifications must be provided in the photography competition at the provincial level competition. The digital camera(s) will be provided by the county responsible for the photography competition. The digital pictures shall be printed by the committee as taken by the members without editing (as per 4-H NS AGM). Photographs are to be taken on a theme or content specified at the time of the competition and be of events going on and/or of the site location versus a still-life composition. All three photographs taken by each competitor is to be judged as a group of three photos. Competition supervisors are to be available by the organizing committee as competitors take their photographs.

### Project Tips

The general requirements for the photography album are - a **minimum of 30 to a maximum of 40** black and white or colour prints, mounted in an album (4-H NS AGM). Photography members are required to state the date and location of each digital and film photograph in their photography album. 4-H members are permitted to use pictures they have taken any time after project completion of the previous 4-H year as part of their photography project (4-H NS AGM). The member must take all the pictures, pictures with you in them should not be used unless you have a timer on your camera (if you have used a camera timer, please state this next to the photo with you in it. Standard size prints (maximum size of 4"x 6") are to be used in your album. For each level members are asked to complete their album and two additional items from sections 6-13 of the 4-H Nova Scotia Class list. The additional two items from section 6-13 are over and above the album requirements (i.e. If you do a photo story, your story must be in your album and another photo story or a duplicate copy of your album story mounted for the section requirement if you choose that section). The same pictures from your album can be used in sections 6-13 provided you have had duplicates, enlargements, etc. made. Don't forget to check your album before it is judged to make sure it meets your level requirements. Remember to take

your pictures early to allow enough time for processing and retakes if necessary.

Keep checking your level requirements to make sure you have the necessary pictures. The album requirement called "other favourites" is a spot where members can include their favourite photograph(s) or techniques that did not fit in any of the other sections. For sections 6-13 of the class list, photographs are to be mounted with the use of corner mounts or tape. The quality of your pictures is important, but also give some thought to how you will display your photos in the album. Be sure your album is **neat** and **arranged well**. Make sure each requirement is clearly and neatly labelled (i.e., people pictures, a photo story, etc.) and in the same order as listed in the newsletter. If members require any special equipment to display their project, class list items, negatives etc., they must provide their own equipment for Achievement Day, Exhibition and Provincial Show. **Remember, only the items exhibited at Achievement Day are eligible to go on to exhibition or county show.**

### **SPORTSMANSHIP – Be a Good Sport!**

In 4-H, Sportsmanship plays a key role in living by the motto of 'Learn to Do by Doing'. Please take the opportunity to consider good sportsmanship when at 4-H events. Here are some key factors to good sportsmanship:

**GOOD CONDUCT** – Demonstrate and maintain high standards of personal behavior and conduct. You are representing your family, your club, your community and the 4-H program.

**FAIRNESS** – Learn and follow the rules. Be objective and honest. No matter what the results try your best by using your true skills without cheating. Treat others fairly.

**HONESTY** – Be a reliable person, do not lie or deceive. Be straightforward in everything you say and do. Understand your abilities and skills, accept the fact that you cannot do everything perfectly, but you still can do many things well.

**COMPETITION** - Competition experiences enhance positive youth development and prepare youth with competitive knowledge, skills and attitudes. Take pride in your accomplishments and in improving your skills – you are all winners, even if the ribbon color doesn't appear to reflect this.

**COURTESY** – Be well-mannered in your conduct. Be respectful, thoughtful, considerate, cooperative, friendly, and cheerful, no matter whether you do well or not. When you have concerns, questions, or suggestions, be polite in expressing them. Be pleasant and nice toward other participants, spectators, program officials, judges, the media, your leaders, parents and others. Give others the benefit of the doubt. Treat people and animals kindly. Keep your emotions under control.

**GRACEFUL ACCEPTANCE OF RESULTS** – Accept judges' results and suggestions with a positive attitude. The judge's decision is final. Regardless of the outcome; thank all that were involved in helping you put forth your best effort. Thank the organizers for their efforts; Sponsors for their generous donations; Agriculture Leadership Coordinators for their wisdom and guidance;

Judges for their skilled eye and time given to the 4-H program; and anyone else who has helped you along the way.

The work in any 4-H project should always be done by the members. Hiring, or the use, of professionals and/ or adults to prepare projects for 4-H shows are not acceptable. Using these people as resources provides 4-H members with the information and skills to do the job on their own.

4-H Nova Scotia has a Code of Conduct in effect for all members and leaders. It is to be followed always throughout the year. If you would like a copy of what are acceptable practices in the 4-H program, please visit <http://novascotia4h.ca/codeofconduct/>.

## You might also be interested in...

**ORIENTEERING COMPETITION** – Open to all members enrolled in the Great Outdoors project. Members are tasked with completing an orienteering course, while answering short questions along the route. This competition takes place at county level; the top junior and senior members can advance to 4-H Nova Scotia Provincial Show.

**4-H POSTER CONTEST** – Deadline and evaluation is normally at county rally. [Visit 4-H Nova Scotia's website for more information!](#)

**4-H THEME CONTEST** – Put on your thinking cap and be the one to come up with next year's 4-H theme! (i.e., *Let the Clover be Seen in 2017*). [Visit 4-H Nova Scotia's website for more information!](#)

**WOOL COMPETITION** – Open to all 4-H members. These articles must be made from 100% wool and members must exhibit a Wool Competition Report with their entry. For more information, please visit the [Nova Scotia Department of Agriculture](#) website.

**RECYCLABLE COMPETITION** – Open to all 4-H members. These articles must be made from a minimum of 75% recycled materials and members must exhibit a Recyclable Competition Report with their entry. For more information, please visit the [Nova Scotia Department of Agriculture](#) website.

**GIANT VEGETABLE COMPETITION** – Each year a new vegetable is selected for the Giant Vegetable competition held at 4-H Nova Scotia Provincial Show. Each county can send one junior and one senior giant vegetable entry to the 4-H Nova Scotia Provincial Show. For more information, please visit the [Nova Scotia Department of Agriculture](#) website.

**TRACTOR DRIVING COMPETITION** – The tractor competition is open to teams of 3 members (1 driver and 2 assistants); the driver must hold a valid class#5 driver's license or tractor license. The driver will drive a tractor and trailer through an obstacle course. The score is calculated based on safe operation and judge's evaluation. One team per county will advance to 4-H Nova Scotia Provincial Show. For more information, please visit the [Nova Scotia Department of Agriculture](#) website.

**RECORD KEEPING COMPETITION** – An entry will be one record sheet for a project completed in the current year by that member, with a detailed analysis included. Entries in this competition must

include a 1 – 4 page analysis of the work and costs in the project for the given year to be eligible. Entries should be displayed in a binder/folder. The top two senior and top two junior record sheets per county will be eligible for the Record Keeping Competition at the 4-H Nova Scotia Provincial Show, but entries must first qualify at county level. All county entries must be forwarded to Truro by September 15th of the current 4-H year for judging prior to the 4-H Nova Scotia Provincial Show.” For more information, please visit the [Nova Scotia Department of Agriculture](#) website.

**AWARDS, TRAVEL OPPORTUNITIES, AND SCHOLARSHIPS** – Each year, 4-H Nova Scotia covers the registration fee to National and International travel opportunities for members awarded such travel experiences. Also, there are several scholarships available to 4-H members in Nova Scotia. For more information, interested members should speak to the Regional ALC and check out the [Nova Scotia Department of Agriculture](#) website and Visit [4-H Nova Scotia's](#) website.

**JUNIOR LEADER PROJECT** – This project is designed to build leadership skills by providing members with the opportunity to lead any aspects of their club which interest them (e.g., projects, recreation, communication, etc.).

**GRADE 10 PERSONAL DEVELOPMENT CREDIT** – Members must achieve gold completion and document at least 110 hours of 4-H related work to qualify. For more information visit the [Nova Scotia Department of Education & Early Childhood Development Personal Development Credit website](#) and the Nova Scotia Department of Agriculture website.





**Cake Decorating, Heritage, Crafts, Scrapbooking,  
Woodworking, Great Outdoors, Computer,  
Photography, First Aid, Small Engines, Tractor,  
Vet Science and Welding  
RECORD SHEET**



Name of Member: \_\_\_\_\_

Name of Club: \_\_\_\_\_ Level: \_\_\_\_\_

4-H Age: \_\_\_\_\_ Years in 4-H: \_\_\_\_\_ Years in Project: \_\_\_\_\_

**4-H Project Experiences**

Explain why you are taking this project and what you learned this year.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please make a few comments about problems you may have encountered, how your goals were accomplished, and what you learned about the project.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please make a few recommendations on your project articles, and how you feel they could be improved.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Project Articles** (please complete one box for each article you made/exhibit)

Article	Skills/techniques learned	Materials used & individual cost breakdown for materials	Total cost

**Meeting Summary**

How many general club meetings did you attend this year? \_\_\_\_\_

How many project meetings did you attend this year? \_\_\_\_\_

Please list any other club/county activities that you may have participated in during the past year?

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